

Do you know the Divine Drops programs?

Let's take a peek at our impressive lineup of educational programs, covering everything you need to know about the menstrual cycle across all life stages and situations.

My health clubs.

These spaces are designed to empower high school students to enhance self-care skills, boost their understanding of community and reproductive health, and join a supportive social community. With engaging activities like community outreach and selling their own handmade reusable pads.

Health courses.

Our expertly crafted educational courses, are designed to cater to your interests. They're readily available on our platform, with free access to the multitude of visitors who frequent our website every year. Additionally, we offer workshop packets for communities looking to collaborate and share these valuable resources

The doctor's office.

Our program is designed to foster a close doctor-patient connection, offering women access to accurate information and educational resources through their MD. Our aim is to dispel myths and reduce misinformation surrounding topics such as the menstrual cycle, hormonal imbalances, anatomy, and all aspects of feminine wellness

Celebrating our seasons.

By blending the harmonious practices of yoga, meditation, and learning, our mission is to nurture a strong and caring community of women. We establish partnerships with various yoga studios, where each studio gains access to four distinct versions of our program. Within each workshop, we delve into four separate sessions, each dedicated to enhancing various facets of female well-being.

Period party.

Our aim is to provide a joyful and secure haven where all menstruators can both educate themselves and empower others in advocating for period health. Think of it as a party with a purpose, combining the informative aspects of a workshop with a personal and enjoyable twist.

As an added bonus, all of our programs come packed with:



Distribution and education of reusable menstrual products

Educational material about the cycle and wellness.

Access to all our resources completely free and easy-access.



DIVINE
DR  **PS**

Find all these programs and resources in:



@divinedrops_
www.divinedrops.org
hello@divinedrops.org

