

# The facts about period poverty.

## Who is Divine Drops?

Divine drops is a nonprofit organization that works globally to end period poverty by helping girls grow with confidence in their bodies, guiding women to experience a period that feels good and healthy. These objectives are achieved by providing comprehensive menstrual education, distributing free reusable menstrual products.

## What is "period poverty"?

Period poverty is a lack of access to period supplies, which are necessary to function in the modern society which we live in. It is linked to using substitute products, stretching product usage which is dangerous to health and even missing work, school or other important events due to a lack of menstrual supplies. These instances were associated to reported feelings of embarrassment, disappointment and depression.

## Impacts of period poverty:

- Impacts physical health due to poor hygienic conditions and lack of understanding. Increasing chronic disease.
- Impacts confidence and mental health, self acceptance.
- Affects a girls ability to consistently attend school and work.
- Effects community health from increased risk of communicable diseases.
- Increases the chances that a woman in poverty will stay below poverty and chances of unwanted pregnancy.

## The Statistics



**2 IN 5 PEOPLE**

struggle to purchase period products



**ONE-THIRD**

of low-income women report missing work, school or similar events regularly due to lack of access to period supplies.

## Driving awareness

According to a U by Kotex survey, 85% agree that period products are a most basic necessity. However, only 4 percent of respondents were aware of a local resource where free or reduced cost period supplies are available. Let alone products that would last for years to come.

## AN ESTIMATED 80% OF WOMEN SUFFER FROM SOME FORM OF HORMONE IMBALANCE



## Let's act now!

## How to contribute?

Join into our team and contribute to build the future where we want to live in.



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